

Millisecond Conversion of Metastable 2D Materials by Flash Joule Heating

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Abstract Controllable phase engineering is vital for precisely tailoring material properties since different phase structures have various electronic states and atomic arrangements. Rapid synthesis of thermodynamically metastable materials, especially two-dimensional metastable materials, with high efficiency and low cost remains a large challenge. Here we report flash Joule heating (FJH) as an electrothermal method to achieve the bulk conversion of transition metal dichalcogenides, MoS₂ and WS₂, from 2H phases to 1T phases in milliseconds. The conversions can reach up to 76% of flash MoS₂ using tungsten powder as conductive additive. Different degrees of phase conversion can be realized by controlling the FJH conditions, such as reaction duration and additives, which allows the study of ratio-dependent properties. First-principles calculations confirm that structural processes associated with the FJH, such as vacancy formation and charge accumulation, result in stabilization of the 1T phases. FJH offers rapid access to bulk quantities of

the hitherto hard-to-access 1T phases, a promising method for further fundamental research and diverse applications of metastable phases.

Keywords flash Joule heating, phase engineering, metastable, 2D materials, transition metal dichalcogenide, phase conversion

Recent research has shown that, in addition to the material components and dimensionality,¹⁻⁵ the arrangement of atoms within materials can greatly affect their chemical properties.⁶⁻¹⁰ A common example is the variety of transition metal dichalcogenide (TMD) materials. Composed of transition metals (M) from group IV_B to X_B and chalcogens (X), such as S, Se and Te, TMD materials have a sandwich-like structure with the chemical formula MX₂.² For each TMD material, there are two distinguishable phases (Figure 1). The 1T phase, in which the M is octahedrally coordinated and belongs to the space group $P\bar{3}m$ (aBc arrangement, here lowercase and uppercase refer to the arrangement of X and M, respectively); and the 2H phase, in which M has trigonal prismatic coordination and belongs to the space group $P6_3/mmc$ (aBa arrangement).^{4,11} The intrinsic electrical and optical properties of 1T and 2H phases are disparate, which broaden the applications of TMD materials at wider fields.^{3,4,7-9} However, the formation energy difference between these two phases makes it difficult for the synthesis and application of the metastable counterparts.

For instance, two-dimensional (2D) MoS₂ and WS₂ are typical polymorphic materials in the family of TMD materials. The 2H phases are semiconductors, while the 1T phases have metallic properties.^{12,13} The 2H phases are reported to be useful in sensing and electrical devices such as field effect transistors (FETs),^{3,14} and the 1T phases have shown utility as electrocatalysts and in energy storage devices.¹⁵⁻¹⁸ However, these 1T phases have higher formation energy and are not

stable in ambient conditions.^{19,20} The Fermi surface nesting drives the 1T phase relaxation to reform 2H space groups by gliding one of the S planes in the $\langle 210 \rangle$ direction by $a/\sqrt{3}$ (a is the edge length in hexagonal lattice).⁷ As a consequence, the direct synthesis of the metastable 1T phases is complicated. Although the post-growth strategy of using ions to weaken the interaction between layers and induce the formation of metastable forms, such as 1T MoS₂, is well known,^{21,22} the cumbersome procedures and the introduction of various ions such as Li⁺ limit wider-scale applications of these metastable materials. Additionally, it is reported that local cation-intercalation within the tetrahedral interstices will inevitably disrupt the S-Mo-S lattice framework and lead to in-plane structural fracture and crystal decomposition.²¹ Thus, it would be beneficial to develop a one-step method to achieve these metastable forms with high efficiency and crystallinity.

Previous research has shown that by applying an extremely high energy source, such as plasma induction or laser radiation, top chalcogen rows are observed being transversally displaced on the surface layer, which indicated local phase transition *via* these surface treatment strategies.^{14,23} These local phase transitions are initiated or stabilized by the formation of chalcogen vacancies and achieved by different energy sources. Some of them, such as Ar-plasma, rely on the kinetic energies of ions, which are enough to break the S-Mo bonds and induce lateral sliding of top S-layer, but below the level to cause obvious etching effect.¹⁴ Therefore, they are suitable for monolayer treatment. Other methods, such as laser radiation, depending on the focused laser with high local energy density, can cause continuous thinning to the flakes during laser irradiation.²³ Thus, they are suitable for flakes or multilayers (7~30 layers). Here we have realized that flash Joule heating (FJH), which provides short electrical pulses of high energy density followed by rapid cooling,²⁴⁻²⁹ can induce the bulk conversion of 2H phase MoS₂ and WS₂ to their respective

1T phases. Phase conversion to the metastable 1T phases is attributed to local vacancy formation and negative charge accumulation to lower the formation energy of 1T phases, as shown by our theoretical calculations. During the FJH process, the current can reach >1350 amp in 0.25 ms and the enormous electrical energy reaches $1.13 \times 10^6 \text{ J mol}^{-1}$, which is ~10 times more than the required activation energy for phase transition. In addition, we achieve different degrees of phase conversions by controlling the FJH conditions, such as reaction duration and additives, which allows the systematic study of ratio-dependent properties. FJH allows the use of bulk materials as reactants and has the potential for rapid access to bulk quantities of metastable phases to enrich the properties of materials and extend their applications.

Results and discussion

To prove the feasibility of FJH for inducing phase transitions, commercial MoS₂ or WS₂ powders were used as reactants. The reactants were slightly compressed inside a quartz or ceramic tube between two electrodes as shown in Figure 1. In order to increase the conductivity of the reactants, carbon black (5 wt%) was added and mixed evenly before the FJH reaction. A mild vacuum (~10 mm Hg) was applied to the system to limit sample oxidation and facilitate reaction outgassing. A high voltage electric discharge was applied by capacitor banks to convert MoS₂ or WS₂ from the 2H phase into the 1T phase within milliseconds. The products after the reactions are called flash MoS₂ or WS₂ in this context. Additional experimental details and a circuit diagram of the FJH setup can be found in the Experimental Section and Figure S1.

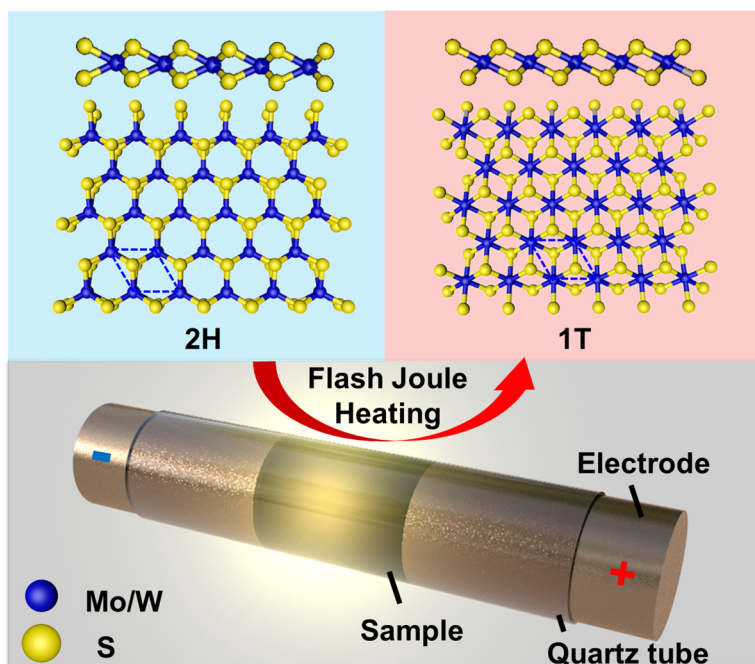


Figure 1. Schematic diagram of the phase conversion *via* FJH. The inset shows the atomic structure of the 2H and 1T phases from the side and top view.

From scanning electron microscopy (SEM), the morphology of flash MoS₂ is similar to reactant MoS₂ (Figure S2), and the particle size is 2-5 μm (Figure 2a). In the transmission electron microscopy (TEM) analyses (Figure 2b, Figure S3-S4), clear lattice fringes are observed, which infers high crystallinity of flash MoS₂. The number of layers in most regions is 1-8, and the average interlayer distance is ~ 0.65 nm, which is $\sim 5\%$ larger than 0.62 nm in intrinsic 2H MoS₂¹⁶ and suggests efficient dispersibility in ethanol solutions (Figure S3). The UV-Vis spectrum of a flash MoS₂ suspension shows a monotonic decrease of the absorbance with increasing wavelength (Figure S5), indicating the characteristics of a metallic nanostructure.¹³ The thermal gravimetric analysis-differential scanning calorimeter (TGA-DSC) curve of flash MoS₂ (Figure S6) further shows a broad exothermic peak centered at ~ 215 $^{\circ}\text{C}$, which is related to the gradual phase transformation from the 1T phase to the 2H phase, indicating the metastable feature of 1T phases.

The selected-area electron diffraction (SAED) results of the flash MoS₂ basal plane in different regions show a set of six-fold diffraction patterns along the [001] zone axis (Figure 2c, Figure S7), which excludes the existence of polycrystalline nanosheets with different orientations after the flash reaction. It has been reported that along the [001] zone axis, the SAED patterns of 1T MoS₂ are the same as those of 2H MoS₂ in in-plane heterostructures, where the 1T phase is squeezed by the 2H counterparts.^{30,31} The existence of the 1T phase in flash MoS₂ was further confirmed by atomic arrangement analysis with high angle annular dark-field scanning TEM (HAADF-STEM). The main difference between the 1T and 2H phases is that sulfur atoms above and below the molybdenum atom layers occupy overlapped positions in the [002] direction of the 2H phase but are evenly distributed in a tetrahedral vertex of the 1T phase^{4,17,32-34} (Figure 1). Thus HAADF-STEM can be used to characterize the atom positions and then differentiate the 1T and 2H regions (Figure 2d-f, Figures S8-9). 2H MoS₂ with the honeycomb-like area and 1T MoS₂ with octahedral lattice is shown in Figure 2d and e, respectively. Figure 2f shows the 1T phase with higher magnification. To accentuate the atomic arrangements, small lattice units are shown in HAADF-STEM images (orange = S; blue = Mo). The intensity profiles of flash MoS₂ at different regions are plotted in Figure S8. The different arrangements of S atoms result in the intensity difference, which corresponds to distinguishable phases in the HAADF-STEM images.

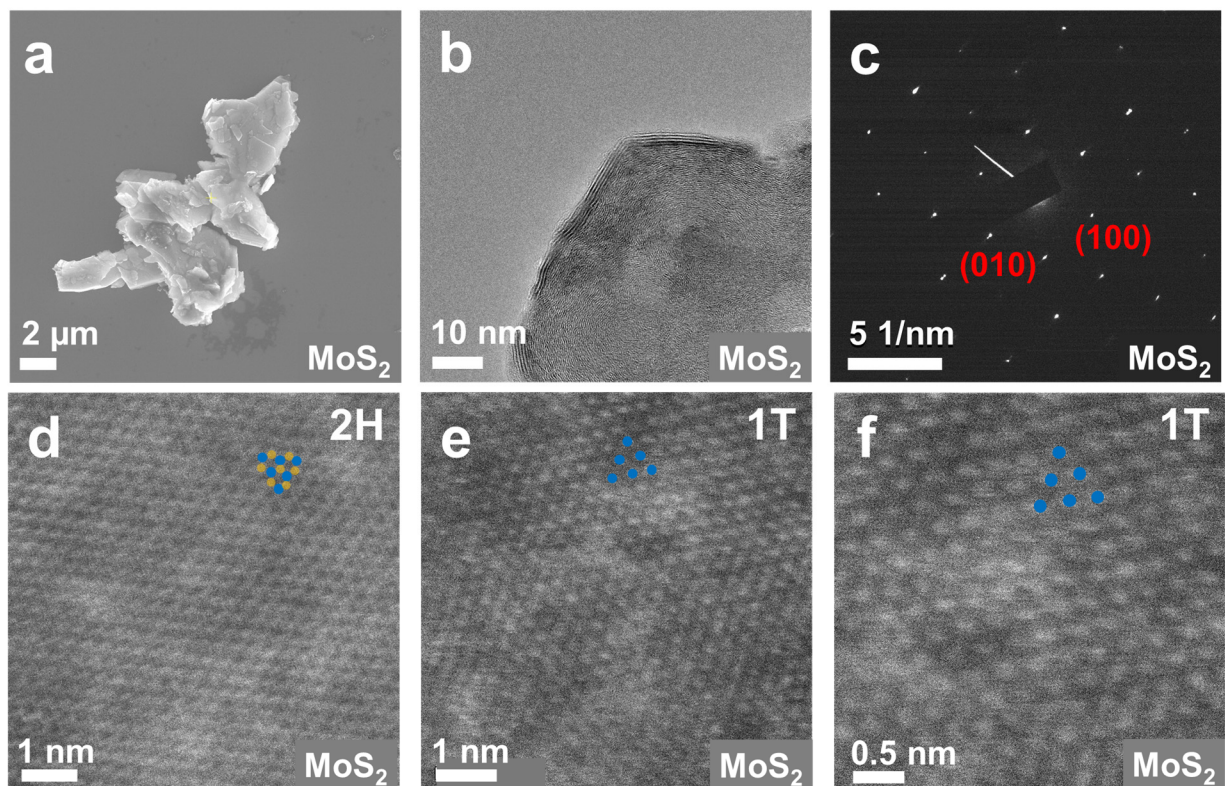


Figure 2. The characterization of morphology and atomic structure of flash MoS₂. (a) SEM image of flash MoS₂. (b) TEM image of flash MoS₂. (c) SAED pattern of flash MoS₂. (d-f) HAADF-STEM atomic images of flash MoS₂. Small lattice units are given to show 2H and 1T phases in the images (orange = S; blue = Mo).

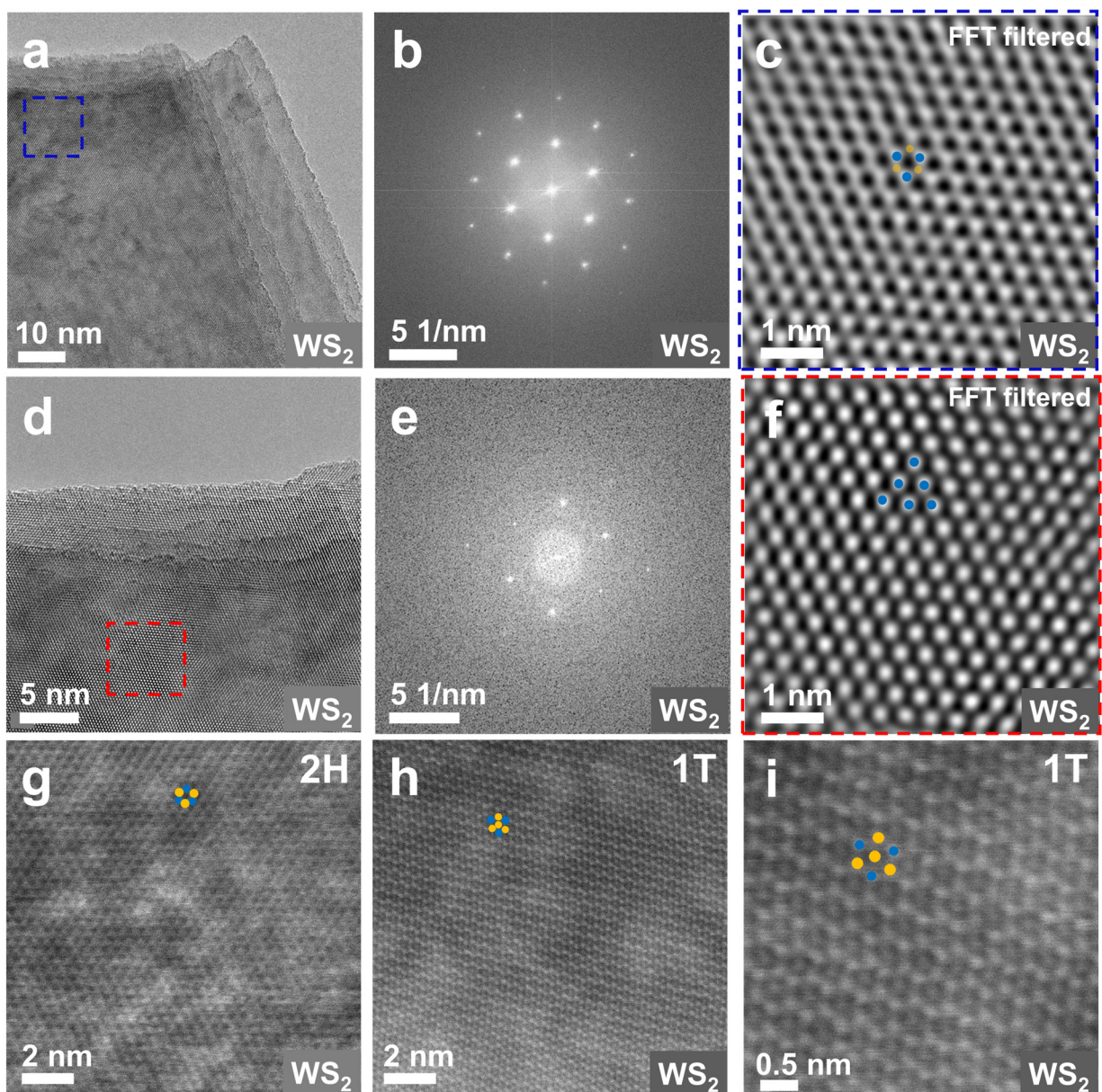


Figure 3. Atomic structure analysis of flash WS₂. (a) HR-TEM images of flash WS₂. (b) FFT of HR-TEM image in (a, blue boxed region). (c) FFT filtered image of (b). (d) HR-TEM images of flash WS₂. (e) FFT of HR-TEM image in (d, red boxed region). (f) FFT filtered image of (e). (g-i) HAADF-STEM atomic images of flash WS₂. Small lattice units are given to show the 2H and 1T phases in the images (orange = S; blue = W).

In addition to flash MoS₂, the high resolution-TEM (HR-TEM) images of flash WS₂ are given in Figure 3a and Figure S10. Individual large WS₂ sheets can be distinguished, and the sheet edges are not well aligned, which might be the result of the reduction of interlayer interaction. Figure 3b and e are the fast Fourier transform (FFT) results from the blue and red boxed regions, respectively. Figure 3c and f are the FFT filtered images of the corresponding regions. The blue boxed region shows a set of six-fold diffraction patterns from the [002] direction and the intensity of each diffraction pattern is strong and equivalent, while the red boxed region shows similar six-fold diffraction patterns with weaker signals. The non-equivalent {100} facets caused by the distorted structure result in the different intensities of diffraction patterns in Figure 3e.³⁵ Different lattice structures and their respective small crystal units (orange = S; blue = W) are shown in Figure 3c and f, which correspond to the 2H and 1T phase of flash WS₂. Atomic resolution HAADF-STEM images (Figure 3g-i and Figure S11) clearly show the coexistence of 1T and 2H phases and small units are given in Figure 3g-i to show 2H and 1T phases (orange = S; blue = W).

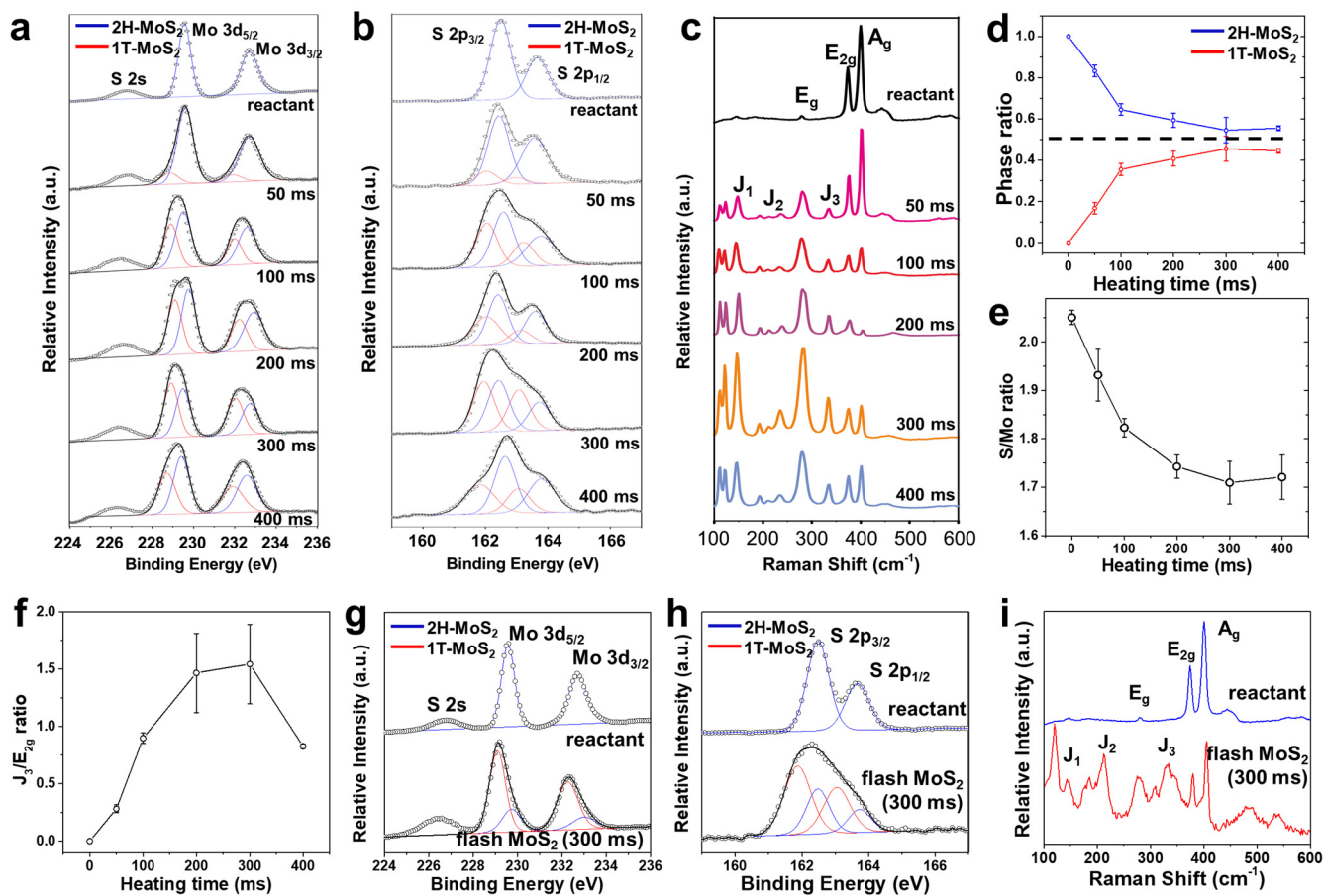


Figure 4. Effect of flash conditions on chemical components of flash MoS₂. (a-b) High resolution XPS of Mo 3d and S 2p spectra at various flash times from 50 ms to 400 ms. The red curve and blue curve represent the 1T and 2H phases of MoS₂, respectively. (c) Raman spectra of flash MoS₂ at different flash time. (d) Analysis of XPS spectra reporting the 1T and 2H phase ratios. (e) Analysis of XPS spectra reporting the S/Mo ratios. The error bars represent the standard deviation where the number of samples N is 3. (f) The ratio of J₃/E_{2g} at each flash time. The error bars represent the standard deviation where the number of samples N is 10. (g-h) High resolution XPS of flash MoS₂ sample using tungsten metal as conductive additive with optimized flash duration (300 ms). (g) Mo 3d spectra and (h) S 2p spectra. (i) Raman spectrum of flash MoS₂ made using tungsten metal as conductive additive with optimized flash duration (300 ms).

The flash duration in the FJH process is an important variable for phase conversion (Figure 4). The ratios of 1T and 2H phase can be determined by X-ray photoelectron spectroscopy (XPS) analysis.^{17,36} The Mo 3d peaks of 1T MoS₂ are located at 228.7 and 231.8 eV, corresponding to 3d_{5/2} and 3d_{3/2}, respectively. The binding energies of the 1T phase for S 2p_{3/2} and S 2p_{1/2} are 161.8 and 162.9 eV, respectively. All of these peaks show a downfield shift of ~0.8 eV when compared to 2H MoS₂.⁴ After deconvoluting the Mo and S peaks, the red and blue curves represent the 1T and 2H phases of MoS₂, respectively. Analysis of the XPS spectra for phase ratios and S/Mo ratios are reported in Figure 4d-e. As the reaction flash time increases, the average ratios of the 1T phase gradually become higher. The highest percentage of 1T MoS₂ reaches ~50% after a 300 ms flash treatment. Longer flash duration lowers the S/Mo ratios of the products and after 300 ms, the average S/Mo ratio is ~1.70. There are ~15% sulfur defects in the flash MoS₂ samples, which play an important role in making the phase boundary area less crowded and in stabilizing the 1T phase in the products.^{37,38} However, longer flash duration also increases the mass loss and lowers the reaction yield of the mixed phase materials.

Raman spectroscopy plays a role in analytically confirming the existence of 1T MoS₂ based on the distinct phonon modes. For 2H MoS₂, two typical peaks at ~380 cm⁻¹ and 405 cm⁻¹ are evident from E_{2g} (in-plane vibration of the two S atoms and Mo atom) and A_g mode (out of plane opposing vibration).³ Because of the symmetry breaking in the trigonal lattice area, J-series peaks are centered at 152 cm⁻¹ (J₁, the out-of-plane motion of each row of Mo atoms within the zigzag chains and in-plane shearing vibration of a single row of Mo atoms relative to the other in a chain), 217 cm⁻¹ (J₂, S atom layer shift with respect to Mo atom layers) and 335 cm⁻¹ (J₃, breaking of each zigzag chain in 2 rows with a slight out-of-plane component)^{8,39} can be clearly observed in 1T

MoS₂. The representative Raman spectra (Figure 4c) and Raman mapping (Figure S12) confirm the existence of 1T MoS₂. As the reaction pulse time increases, the average ratio of J₃/E_{2g} generally increases as shown in Figure 4f, from which we can deduce that the ratio of 1T MoS₂ increases. This is consistent with the XPS results. X-ray diffraction (XRD) is an effective method to determine the material structure and lattice deformation.¹³ In Figure S13, the XRD analyses of flash MoS₂ after different heating times are shown. Compared to 2H MoS₂, the intensity of the (002) peak in flash MoS₂ becomes weaker, which suggests that the layer number decreases after the FJH reaction. The position of (002) peak shifts from 14.4° (Powder Diffraction File 01-073-1508, 2H MoS₂) to 13.8° in FJH MoS₂, which means the interlayer distance expands from 0.62 nm to 0.65 nm, corresponding to the TEM results. The influence of carbon content in the reactant mixtures has also been investigated. The XPS and Raman spectra are shown in Figures S13 and S14. The ratios of carbon do not have an obvious effect on the 1T phase ratios on the flash MoS₂ samples. Similarly, the Raman and XPS analyses of flash WS₂ are shown in Figures S16 and S17. The characteristic J-series peaks of 1T phase (J₁: ~130 cm⁻¹, J₂: ~184 cm⁻¹ and J₃: ~325 cm⁻¹)⁴⁰ in flash WS₂ can be found (Figure S16), which infers the phase conversion of WS₂ during the FJH reaction. The W 4f peaks of 1T WS₂ locate at 32.7 and 34.7 eV corresponding to 4f_{7/2} and 4f_{5/2}, respectively. The binding energies of the 1T phase for S 2p_{3/2} and S 2p_{1/2} are 162.0 and 163.2 eV, respectively (red curve, Figure S17). These peaks show a downfield shift of ~0.7 eV when compared to 2H WS₂ (blue curve, Figure S17).^{17,41}

To further alter the 1T phase ratio after the FJH reaction, tungsten powder was used as the conductive additive in the reactant mixture. Compared to carbon black, tungsten has a lower electronegativity. The previous simulations have reported that negative charge doping can lower the formation energy of 1T MoS₂ and stabilize the metastable phase.⁴² The tungsten additive can

be the electron donor, alter the favorability of 1T phase and increase the maximum phase ratio. The XPS result of flash MoS₂ using tungsten powder as conductive additive reports a higher 1T ratio (~76%) as expected (Figure 4g-h). The J-series peaks are also found in flash MoS₂ using tungsten as the conductive additive, which infers the existence of 1T MoS₂ (Figure 4i). Similarly, the intensity of the (002) peak in flash MoS₂ made using tungsten as the conductive additive decreases (Figure S18), which indicates the layer number decreases after the FJH reaction and suggests efficient dispersibility in composites.

Using the first principles DFT calculations, we investigated the mechanism of the MoS₂ phase conversion during the FJH process. It is well known that the 2H phase has a significantly lower structural energy (by ~ 0.8 eV per structural unit cell), resulting in thermodynamic preference and hence, high abundance in synthesis. During the FJH process, many structural changes, such as the formation of S vacancies indicated by the experimental observations as shown in Figure 4e, are enabled by a large amount of energy provided into the system (Figure S19-20). We considered the change in thermodynamic preference, characterized by the energy difference between two phases, due to the formation of the S monovacancies V_S and di-vacancies V_{S_2} (Figure 5). Positive values of the energy difference $\Delta E_{1T-2H} = E_{1T} - E_{2H}$ would correspond to the thermodynamic preference towards 2H phase, $\Delta E_{1T-2H} \approx 0$ indicates an equal probability of the phases, and negative values show a preference towards the 1T phase. Presuming the defects are equally dispersed throughout the large 8×8 hexagonal supercell, we found that an increase in the concentration of both V_S and V_{S_2} results in a significant decrease of ΔE_{1T-2H} and consequently a higher abundance of the 1T phase (see Methods Section for more details). We also studied the effects of the excessive negative charge that can accumulate due to the conditions during FJH. For simplicity, we used negative charge proportional to the sulfur deficiency of the material,

considering V_S^- and V_S^{-6} (and $V_{S_2}^{-2}$ and $V_{S_2}^{-12}$ for di-vacancies). As was expected from the previous calculations, negative charge stabilized the 1T phase allowing for negative ΔE_{1T-2H} even at relatively low defect concentration (less than 9% of V_S^{-6} leads to a thermodynamic preference towards the 1T phase, compared to $\sim 15\%$ observed experimentally). Finally, we considered the effect of the W addition in the FJH mixture, which experimentally was shown to increase the presence of the 1T phase by $\sim 25\%$ compared to the use of CB. In addition to increasing excessive charge accumulation that can be beneficial as was shown above, W can form substitutional defects W_{Mo} . We found that the presence of W_{Mo} did not affect the phase preference. However, if W indeed was partially incorporated into the MoS₂ lattice, it would effectively increase the sulfur deficiency of the material, leading to the increased preference towards the 1T phase.

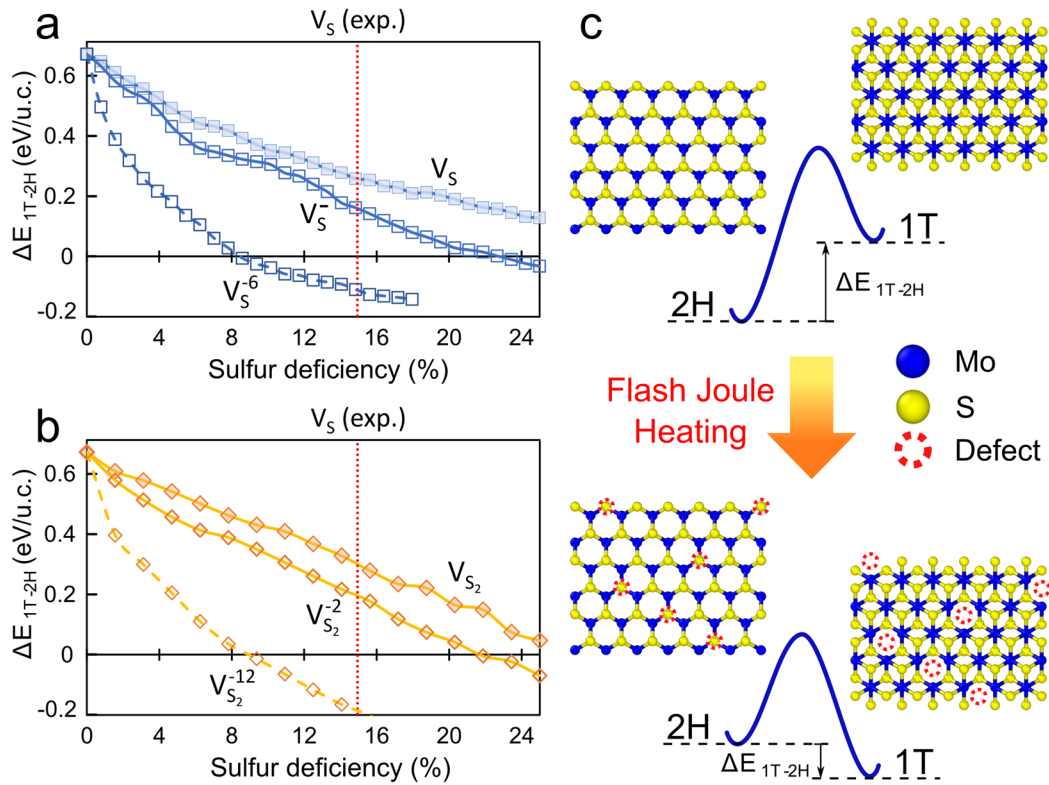


Figure 5. Energetics of the 1T phase stabilization through the formation of structural defects.

Change of energy difference between 1T and 2H phases ΔE_{1T-2H} at various concentrations of neutral and negatively charged (a) single-vacancies and (b) di-vacancies. Note that the horizontal axis is chosen to be sulfur deficiency for the ease of comparison. An increase in the defect concentration, as well as excess negative charge, leads to a higher abundance of the 1T phase. An experimentally observed vacancy level is shown for reference. (c) Schematic diagram of the energy level before and after the FJH reaction.

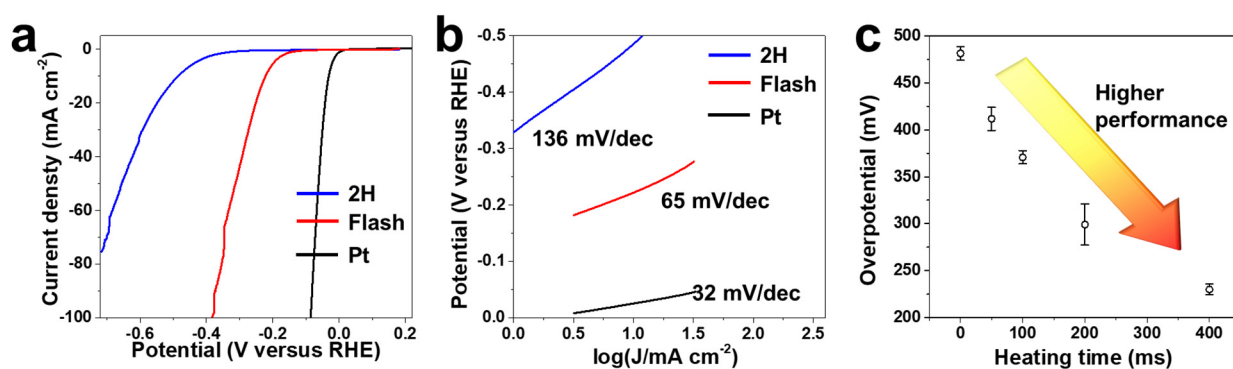


Figure 6. The exploration of ratio-dependent electrochemical performance. (a) Polarization curves and (b) corresponding Tafel plots of 2H MoS₂ and flash MoS₂ (400 ms flash duration). RHE, reversible hydrogen electrode. (c) The relationship between electrochemical overpotential at 10 mA cm⁻² and reaction heating time. The error bars represent the standard deviation where N = 3.

The ratio-dependent properties of flash MoS₂ were further investigated *via* electrochemical hydrogen evolution reaction (HER). The formation of metallic 1T phase in flash MoS₂ is expected to tune the electronic structure and decrease the adsorption free energy of H* (ΔG_H^0), which can directly determine the energy barrier and reaction overpotential. A previous paper uncovered the

existence of exposed active sites in the basal plane and hydrophilic properties of 1T-2H MoS₂ heterostructures, which can be controlled by changing the phase ratios.⁴³ The H₂ evolution potential at 10 mA cm⁻² and Tafel slope of flash MoS₂ (400 ms flash duration) were measured to be -221 mV and 65 mV/dec, respectively, as shown in Figure 6a-b. The catalytic activity was improved compared to 2H MoS₂ powder (-491 mV and 136 mV/dec). As flash duration increased from 50 ms to 400 ms, the electrochemical overpotential decreased more than 250 mV (Figure 6c and Figure S21), indicating a gradually improved catalytic activity and a strong ratio-dependent relationship.

Conclusion

In summary, the metastable 1T phases of MoS₂ and WS₂ are synthesized by FJH process within ms. The obtained sheets show clear lattice fringes and diffraction patterns, confirming the high crystallinity of the flash samples. Compared to other strategies, such as the ion-assisted CVD, strong magnetic hydrothermal, or ion intercalated methods, FJH is fast, simple and can achieve the bulk conversion. First-principles DFT calculations reveal that the high current and large energy input result in the formation of structural defects such as S vacancies and the negative charge build-up leading to the thermodynamic preference towards the metastable 1T phase in FJH. Further, different degrees of phase conversions can be controllably achieved by FJH conditions, such as reaction durations and additives, which could lead to systematic study about ratio-dependent properties. More importantly, FJH offers the possibility of a promising method with high temperature and rapid cooling rate to synthesize bulk quantities of metastable materials, which is valuable for fundamental research and diverse applications.

Methods/Experimental

Materials

MoS₂ powder (average particle size (APS) 6 μ m, 69860-100G) was purchased from Sigma-Aldrich. WS₂ powder (APS 2 μ m, 243639-50G) was purchased from Sigma-Aldrich. Carbon black (CB, APS 10 nm, Black Pearls 2000) was purchased from Cabot Corporation. W metal powder (APS 1-5 μ m, 99.9% metals basis) was purchased from Alfa Aesar. CB or W metal powder was used as conductive additives in the flash process. The FJH reactor setup was previously described.^{24,28}

FJH system

The circuit diagram and FJH reaction box are shown in Figure S1. A quartz or ceramic tube is used to load the reactant powder; copper wool plugs or graphite spacers are utilized as electrodes to slightly compress the loaded powder. The powder is a mixture of WS₂ or MoS₂ powder with 5 wt% conductive additives. The conductive additives are CB or high melting-point metal powders such as tungsten powder. Unless specified, the conductive additive in each reaction was 5 wt% CB. The reactants are mixed evenly to form the conductive mixture before being loaded into the tube. The compressing force is controlled by a small vise to tune the sample resistance to ~ 1.6 k Ω . A mild vacuum (~ 10 mm Hg) is applied to the system by a sealed reaction chamber to avoid sample oxidation and facilitate reaction outgassing. An Arduino controller relay with programmable millisecond-level delay time is used to control the discharge time and the electric energy is provided by a capacitor bank with a total capacitance of 60 mF. The capacitor bank is charged by a d.c. supply capable of reaching 400 V. Safety glasses designed for welding are generally suitable and recommended during the flash reaction because they effectively block infrared as well as ultraviolet light. For more safety notes and circuit design, our previous work has covered the

comprehensive details.^{24,28,29} A discharge voltage of 170 V was used at our experiment. After the FJH reaction, the apparatus was allowed to cool and vent for 5 min. For a quartz tube with 4 mm diameter and 5 cm length, an optimized sample weight is 80 mg MoS₂ or 150 mg WS₂. To achieve the highest 1T ratio in flash MoS₂ in our experiment, the reactant mixture is 80 mg MoS₂ powder with 5 wt% tungsten powder. The flash conditions include 170 V discharge voltage with a total capacitance of 60 mF, 300 ms flash duration under a mild vacuum (~10 mm Hg).

Characterization

The reactant and flash products were characterized through SEM using a FEI Helios NanoLab 660 DualBeam SEM at 5 kV with a working distance of 4 mm. TEM images and SAED patterns were taken with a JEOL 2100F field emission gun TEM at 200 kV. Atomic resolution HR-TEM and HAADF-STEM images were taken with FEI Titan Themis S/TEM at 80 keV after accurate spherical aberration correction. XPS data were collected with a PHI Quantera SXM Scanning X-ray Microprobe with a base pressure of 5×10^{-9} Torr. Survey spectra were recorded using 0.5 eV step sizes with a pass energy of 140 eV. Elemental spectra were recorded using 0.1 eV step sizes with a pass energy of 26 eV. All of the XPS spectra were corrected using the C 1s peaks (284.8 eV) as reference. Raman spectra were collected with a Renishaw Raman microscope using a 532-nm laser with a power of 5 mW. A 50 \times lens was used for local Raman spectra and Raman mapping. XRD measurements were done by a Rigaku SmartLab Intelligent XRD system with filtered Cu K α radiation ($\lambda = 1.5406$ Å). UV-VIS (Shimazu UV-3600 plus) was used to collect the spectra of the suspension of reactant and flash products. TGA was performed on a Mettler Toledo TGA/DSC 3+ system. TGA and DSC data were collected at a heating rate of 10 °C/min under air. The air flow was set to 80 mL/min.

HER test

The slurry was prepared by dispersing 4 mg flash MoS₂ in 1 mL binder solution, which is 80 μ L of 5 wt % Nafion solution mixed in 1 mL water:ethanol (1:1, volume ratio). The slurry was sonicated for 30 min to form a homogeneous ink. 12 μ L ink solution was loaded onto a glassy carbon electrode (3 mm in diameter) and dried in air at room temperature. The electrochemical measurements were carried out in a 3-electrode configuration using a CHI 608D electrochemical workstation. A graphite rod and Hg/Hg₂SO₄, K₂SO₄ (saturated) electrode were used as the counter and reference electrodes, respectively. The electrolyte was 0.5 M H₂SO₄ sparged with Ar gas for Ar saturation. CV was carried out with potential ranging from 0.3 to -0.3 V (*vs* RHE) for 10 cycles at a scan rate of 50 mV s⁻¹. LSV was carried out with potential ranging from 0.2 to -0.8 V (*vs* RHE) at a scan rate of 5 mV s⁻¹.

Atomistic *ab initio* calculations

Theoretical simulations were performed using first principles density functional theory (DFT) calculations, as realized in the VASP software package. PAW potentials are employed for all species and the wave functions were expanded in a plane wave basis with energy cut-off of 400 eV. All calculations are spin-polarized and employ the Perdew-Burke-Ernzerhof (PBE) exchange-correlation functional. Spin-orbit coupling was included in all of the calculations.

For all calculations, we used an 8 \times 8 hexagonal supercell with an additional 15 Å of vacuum included in the direction perpendicular to the MoS₂ surface to prevent interaction between periodic images (final supercell lattice parameters are $a = 25.28$ Å, $c = 24$ Å). Defects distribution ensuring the largest minimal distance between each pair of defects was used to provide equal dispersion of vacancies within the material. For consideration of monovacancies, all defects were located within the same sulfur layer. The number of introduced vacancies was varied from 0 to 32 and 16 for mono- and di-vacancies respectfully, resulting in up to 25% sulfur deficiency in the system. An

additional negative charge was introduced in the system through the alternation of the total number of electrons.

All structures underwent structural relaxation. The structures were relaxed until the forces on all atoms were less than 10^{-3} eV/Å, no additional constraints were imposed on the relaxation.

Analysis of the SAED Spectrum

A detailed calculation based on the SAED result in Figure S7 is shown as follows. In reciprocal lattice, the distance $|\mathbf{b}_1|$ between $\{100\}$ diffraction points and the center transmission point are $3.75 \pm 0.11 \text{ nm}^{-1}$ as shown in Figure S7. The axis vector \mathbf{b}_1 of the reciprocal lattice can be expressed as eq 1:

$$\mathbf{b}_1 = \frac{\mathbf{a}_2 \times \mathbf{a}_3}{\mathbf{a}_1 \cdot (\mathbf{a}_2 \times \mathbf{a}_3)} \quad (1)$$

\mathbf{a}_1 , \mathbf{a}_2 and \mathbf{a}_3 are primitive vectors of the crystal lattice. Because MoS₂ belongs to hexagonal crystal system, \mathbf{a}_1 and \mathbf{a}_2 are perpendicular to \mathbf{a}_3 , and the angle between \mathbf{a}_1 and \mathbf{a}_2 are $\frac{2\pi}{3}$. Thus, the relationship between \mathbf{a}_1 and \mathbf{b}_1 can be deduced as eq 2:

$$|\mathbf{b}_1| = \frac{1}{|\cos \frac{5\pi}{6}| \cdot |\mathbf{a}_1|} \quad (2)$$

The range of $|\mathbf{b}_1|$ is 3.64-3.86 nm^{-1} , thus the range of $|\mathbf{a}_1|$ is 0.299-0.317 nm.

The $|\mathbf{b}_1|$ is larger than the value in 2H MoS₂ (3.56 nm^{-1})⁵ and infers the slight lattice deformation caused by the phase transitions during the FJH reaction.

Effect of conductive additives

Negative charge doping has been reported to be an effective method to achieve the phase conversion from 2H to 1T phase in MoS₂,⁴² since a negative charge can lower the formation energy of 1T MoS₂ and stabilize the metastable phase. Compared to the C atom, the W atom has a lower electronegativity. Thus, the W powder additive can be the electron donor, alter the favorability of

the 1T phase and increase the maximum phase ratio. The other important advantage for using W powder is that the melting point of W is extremely high ($>3400\text{ }^{\circ}\text{C}$), thus W will not melt and aggregate together during the flash process. After the flash reaction with the optimized flash duration (300 ms), a higher percentage of 1T phase is obtained when W powder is used as conductive additive as shown in Figure 4g-i. After deconvoluting the Mo and S peaks, the red and blue curves represent the 1T and 2H phase of MoS₂, respectively (Figure 4g-h). The 1T phase percentage is 76%.

Energy Calculation of the FJH Reaction

The energy densities in Figure S19 are calculated based on the electrical energy input to the system. The energy barrier E_a for the 2H to 1T phase conversion is 1.3 eV, for energy unit with J g^{-1} is shown in eq 3,

$$E_a = 1.3 \times 1.60 \times 10^{-19} \text{ J} \times N_A / M = 782.3 \text{ J g}^{-1} \quad (3)$$

Here N_A is the Avogadro constant. For MoS₂, the molar mass M is $160.07 \text{ g mol}^{-1}$

The voltage input V_1 is 170 V and the total capacity C_{total} is 60 mF, then input energy E_i can be calculated as in eq 4,

$$E_i = 0.5 \times C_{total} \times (V_1^2 - V_2^2) = 567 \text{ J} \quad (4)$$

V_2 is the voltage after FJH reaction.

For MoS₂, the mass of each batch m is 80 mg, so the energy that reactant absorbs per gram E is as in eq 5,

$$E = E_i / m = 7087.5 \text{ J g}^{-1} \quad (5)$$

Thus, input electrical energy is ~10 times of the required activation energy. High input energy density is an important factor induces some structural changes, such as the formation of S vacancies, which can trigger the phase conversion.

We can also estimate the input energy from the current profile (Figure S20). The electric work W_e is as in eq 6,

$$W_e = U \times I \times t = \int_{t_1}^{t_2} U \times I dt = 540 J \quad (6)$$

Here, U is the average voltage for convenience. t_1 and t_2 are the starting and ending time of FJH reaction. Based on the above calculation, the input energy E_i can be used to estimate the electric work W_e to the samples during the reaction. And in Figure S20, the calculated energy densities are based on the input electrical energy by the capacitors. As shown in Figure 5a, after the FJH reaction, the energies of both 1T phase (E_{1T}) and 2H phase (E_{2H}) decreased, and E_{1T} decreased more than E_{2H} . Thus, the energy difference $\Delta E_{1T-2H} = E_{1T} - E_{2H}$ becomes more negative after the reaction and the favorability of 1T phase can be altered.

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Supporting Information TEM, SEM, and other images; XPS and Raman spectra. Additional graphs (PDF). This material is available free of charge *via* the Internet at <http://pubs.acs.org>.

Disclosures—Conflict of Interest Rice University owns intellectual property on the flash Joule heating strategy. J. M. T. is a stockholder in Universal Matter Ltd., the company that licensed the intellectual property from Rice University. J. M. T. is not an officer, director, or employee of Universal Matter Ltd. All conflicts of interest are managed through regular disclosure to the Rice University Office of Sponsored Programs and Research Compliance.

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